# Govt. College Theog Activities Report of "Road Safety Club"

### (Session: 2022-2023)

In order to spread awareness among the students of the college and people of surrounding areas near to college, road safety club of the college organized various activities like awareness rally, slogan writing competition, poster making competition and power point presentation in the month of December, 2022. Following is the detail of the activities.

#### Awareness Rally: 26.12.2022

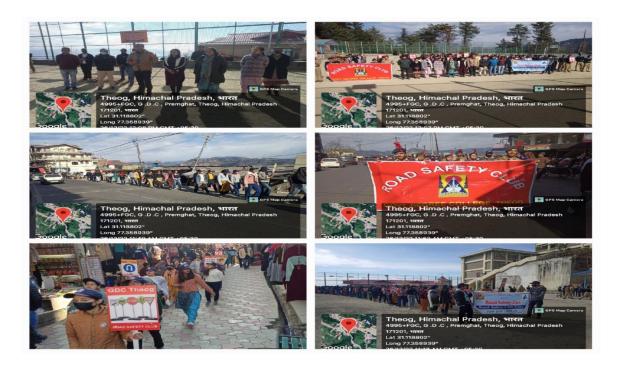
An Awareness rally was organized by Road Safety Club of Govt. College Theog. This rally was started off from college ground and covered the areas of Shali Market, Bus Stand of Theog, Petrol Pump and came back to College Ground. During the rally volunteers of NCC, NSS, Rovers and Rangers Units along with other students of the college shouted the slogans of road safety and carried the road safety placards to make the people aware of the road safety rules. Principal of the college, Dr. Lalita Chandan also addressed the students about the do's and don'ts of road safety and its significance. Approximately 240 students along with teachers participated in the rally.



Image-1 (Rally)



Image-2 (Rally)



### Image-3 (Rally)



Image-4 (Rally)

### Slogan Writing, Poster Making and Power Point Presentation: 27.12.2022

Three different activities were also organised by road safety club to involve the students of the college to spread awareness among them through learning by doing method. Approximately 100 students participated in these activities. All the three activities were competition based and winners were awarded with prizes. Principal, Dr. Lalita Chandan also motivated students to take part in such activities more often to make an impact on a larger scale regarding road safety issues.



Image-5 (Poster Making & Slogan Writing)



Image-6 (Poster Making & Slogan Writing)

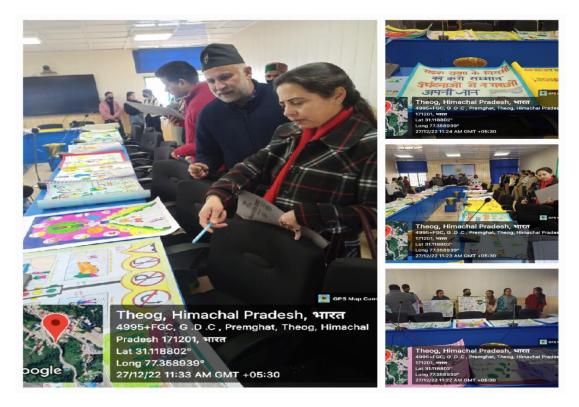


Image-7 (Poster Making & Slogan Writing)



Image-8 (Poster Making & Slogan Writing)



**Image-9** (Power Point Presentation)



**Image-10 (Prize Distribution to the Winners)** 



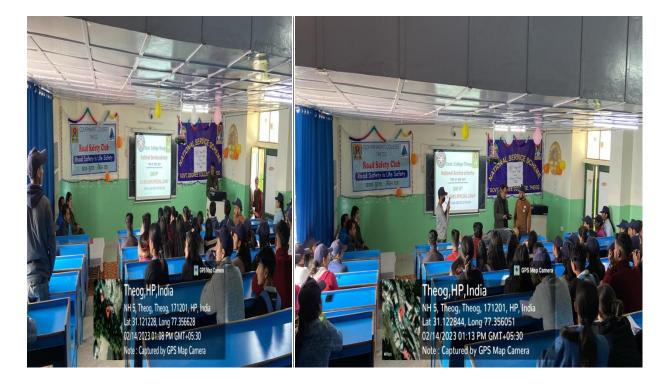
#### Image-11(Posters Making & Slogans)



Continuing the efforts undertaken by the Road safety Club in the previous year (session 2022-23 only), the month of February too had many events lined up to further increase the awareness level of the students regarding road safety. The main events were as follows:

### Invited lecture by External Resource Person: Dr Jitender Arora, Medical Officer (MO), Govt. PHC Banni (Fagu, Theog, District Shimla) on 14 February 2023.

On 14 February 2023, an invited lecture was arranged for the students of the Road Safety Club in which an external Resource Person, Dr Jitender Arora, Medical officer (MO), Govt. PHC Banni (Fagu, Theog, District Shimla) addressed the students and spoke on the major theme of "Road Safety". The main focus of his talk was the importance of "Golden Hour", that is, the first one hour of any mishap on the road. In a very interactive session, he emphasized upon the students as to how the general public/the passers-by can help the victim of a road accident in the first one crucial hour. He practically demonstrated the technique to perform CPR (Cardio Pulmonary Resuscitation) on one of the students and motivated other students to repeat it. He also spoke extensively on trauma and trauma care and the emergency help numbers to be used in such instances.





### Invited lecture by External Resource Person: Shri Ankush Thakur, Sub-Inspector, Police Station Theog, District Shimla) on 15 February 2023.

Consequent upon an email to the SP Office Shimla, two police officials from the local police station were deputed to deliver a talk on 15 February, 2023. They were Mr Ankush Thakur, Sub-Inspector and Mr Harish Bandhu, Constable (No. 1293) from the local police station. In their one hour long talk, they talked at length about the various elements of road safety and its importance, rules of traffic, road markings and signage, basic traffic signals, lane discipline, importance of maintenance of vehicles, importance of holding valid documents such as driving license, registration certificate, insurance and pollution, types of vehicles, number plate identification, various violations of traffic and fines thereof, importance of safe driving, first aid, FIR, and speed limits.



### Declamation & Collage-Making Contest organized on 20 &21 February 2023

A declamation and collage-making contest was organized on 20 and 21 February 2023 to sensitize the students on various aspects of "Road Safety".











### Prize Distribution Ceremony organized on 22 February 2023

A prize-distribution ceremony was organized on 22 February 2023 to give away the prizes to the winners of the Declamation and Collage-Making contest. The Chief Guest of the event was the head of the institution, Dr Lalita Chandan, Principal, GC Theog.



## GPS Map Camera

Google

Theog, Himachal Pradesh, India 49C4+G4X, Theog, Himachal Pradesh 171209, India Lat 31.120895° Long 77.355762°

22/02/23 02:14 PM GMT +05:30

Google

CPS Map Camera Theog, Himachal Pradesh, India 49C4+4F9, College Road, Theog, Himachal Pradesh 171201, India Lat 31.120765° Long 77.355783° 22/02/23 02:21 PM GMT +05:30

ROAD SAFETY CLUB PRIZE DISTRIBUTION

### Media Coverage in vernacular dailies:



### रोड सेफ्टी क्लब ने ठियोग कॉलेज में आयोजित किया सम्मान समारोह



ठियोग| बुधवार को राजकीय महाविद्यालय ठियोग में 'रोड सेफ्टी क्लब ' की ओर से पुरस्कार वितरण समारोह का आयोजन किया गया। महाविद्यालय में गत दिनों रोड सेफ्टी क्लब के तहत विभिन्न गतिविधियां करवाई गई थीं जिसमें पुलिस तथा स्वास्थ्य विभाग से विषय विशेषज्ञ को आमंत्रित किया गया। इसके अतिरिक्त महाविद्यालय में भाषण तथा कोलाज प्रतियोगिता भी करवाई गई। भाषण प्रतियोगिता में क्रमशः

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अंजली, साक्षी व निधि ने प्रथम, द्वितीय व तृतीय पुरस्कार प्राप्त किया जबकि अर्चना व प्रीति ने सांत्वना पुरस्कार प्राप्त किया। कोलाज प्रतियोगिता में क्रमशः प्रीति, आकृति तथा परीक्षा ने प्रथम, द्वितीय व तृतीय पुरस्कार हासिल किया। महाविद्यालय की प्राचार्य डॉ. ललिता चंदन ने मुख्य अतिथि के रूप में शिरकत की । कार्यक्रम का शुभारंभ कार्यक्रम संयोजक डॉ. आदित्य दुलटा ने किया।



**Principal (GC Theog)**