

## **A Report on the Seven Days NSS Camp, 2022 at Government College, Theog**

A one-week long NSS Camp was organized by the NSS Unit of Government College, Theog from 24<sup>th</sup> March 2022 to 30<sup>th</sup> March 2022. The main theme of the camp was “Educated Youth and Self Reliant India.” A total of fifty-eight registered NSS volunteers participated in the camp.

### 24.03.2022

The camp was formally inaugurated by the Chief Guest, Dr Lalita Chandan, Principal of the College on 24<sup>th</sup> March 2022. The NSS Programme Officer, Dr Mohan Sharma welcomed the Chief Guest, faculty members present and the participating NSS volunteers. The inaugural session started with the lighting of lamp and Saraswati Vandana. Thereafter, the NSS Programme Officer, Ritu Sharma gave a presentation on the importance and relevance of NSS in colleges and other educational institutes. She also gave an outline of the major activities that were proposed to be organized during the one-week long camp. A cultural programme was also presented by the NSS volunteers. Dr Praveen Jaret of Music Department sang a Ghazal on the occasion. The Chief Guest in her inaugural address wished good luck to the NSS volunteers and exhorted the students to become self-reliant in line with the main theme of the camp. She inspired the students that NSS should develop in them a promptness to help others. The morning session ended with vote of thanks and singing of National Anthem. In the post lunch session, the NSS volunteers started with the activities that were planned in advance. The volunteers developed the flower garden in the college campus and took up the work for developing the path to the nearby temple.

### 25.03.2022

The second day of the camp started early in the morning. The volunteers gathered in the campus and the report of the works carried out during the previous day was discussed. After the morning prayer, thought of the day, NSS song (Lakshya Geet), and the national song, a lecture was delivered by Dr Priya from the Civil Hospital, Theog. As the resource person for the day, she shared information about first aid, cardiopulmonary resuscitation (CPR) and snake bites etc. In the afternoon, the NSS volunteers carried out cleaning of the temple premises near the College.

### 26.03.2022

The third day of the NSS camp started with the routine activities of the morning session. Thereafter, the volunteers collected garbage dumped around the College Hostel and cleaned the area. In the afternoon session, the resource person, Dr Saroj Negi Chauhan, from the Public Administration Department gave a lecture on “Good Governance and People Participation.” For better clarity on the subject, she shared various examples and instances on the issue faced in ordinary day today life.

27.03.2022

On the fourth day of the camp, the NSS volunteers reached the office of Sub Divisional Officer, Theog at 6 AM in the morning and took up the role of volunteers for the marathon organized by the Sub Division Office. Thereafter, they witnessed various programmes like cycle racing, painting, declamation, poem writing that were organized during the “Theog Rahe Nirog- Nasha Mukh Bharat Abhiyan.” The college NSS volunteer, Ms Akanksha, participated in the declamation competition on Drug Free Campaign. During the afternoon session, the volunteers cleaned the college campus and participated in cultural activities. They participated in songs and dance presentation.

28.03.2022

The morning session of the fifth day of the camp covered the cleanliness drive of the stair case from the Theog market to the College Sports Complex. The bushes around the stair case were also removed. In the afternoon session, Prof Bhagwati Charan gave a lecture on General Behaviour. He shared his experiences and asked the students to work hard to succeed in life.

29.03.2022

On the sixth day of the camp, the NSS volunteers visited the adopted village, Janog. The students moved from the college to the village by organizing a rally on cleanliness drive. The volunteers collected garbage, plastic and other waste from the village. A water body in the village was also cleaned.

30.03.2022

On the last day of the camp, some NSS volunteers taught the students the skill of making masks, hairbands, purses, socks etc. The aim was to develop entrepreneurship among students in line with the main theme of the NSS camp i.e. Educated Youth and Self Reliant India. The camp was formally closed by Dr Lalita Chandan, Principal of the College in the afternoon on 30.03.2022. She congratulated the Programme Officers and the volunteers on successful completion of the camp. During the closing ceremony, the volunteers participated in various cultural programmes wherein Hindi, Punabi, Pahari dance and songs were presented.