

Report on Orientation Program

An Orientation Program was organized by the **Career Counselling and Placement Cell** of **Government Degree College, Theog, Shimla** on **14th July 2025** with the objective of acquainting newly admitted students with the courses offered by the college and introducing them to the faculty members. The program aimed to familiarize students with the institutional ethos, academic environment, and overall functioning of the college.

The program began with a warm welcome to the students. Senior faculty members addressed the gathering and provided detailed information about the academic structure of different streams. **Dr. Anita Rathour Chauhan** introduced the students to the courses offered under the **Arts Stream**, highlighting the scope, subject combinations, and future prospects. **Dr. Nidhi Duttwalia** briefed the students about the courses available under the **Science Stream**, emphasizing academic rigor and opportunities for higher studies. **Dr. Pardeep Thakur** introduced the **Commerce Stream**, explaining the curriculum and its relevance in the present academic and professional landscape.

All the speakers stressed the importance of **holistic development**, encouraging students to focus not only on academics but also on personality development, skills enhancement, and ethical values.

The **Principal of the College, Dr. Bhupinder Singh Thakur**, addressed the students and guided them to maintain discipline, sincerity, and regularity in their academic pursuits. He motivated students to ensure maximum participation in **co-curricular and extracurricular activities** for overall growth and development.

The orientation program proved to be highly informative and beneficial for the students, helping them gain clarity about their chosen courses and inspiring them to actively engage in college life. The program concluded on a positive note with students feeling confident and motivated to begin their academic journey at the institution.



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Report on One Day Workshop

A **One Day Workshop** was organized by the **Career Counselling and Placement Cell (CCPC)** of **Government Degree College, Theog, Shimla** on **23rd August 2025** with the objective of enhancing student awareness about **personality development, artificial intelligence (AI), and the efficient use of social media**. The workshop was conducted under the “**Student Leadership Funnel Program**” in collaboration with **Gyan Jyoti NGO**, represented by **Mr. Prakash Dogra** along with his team members.

The session commenced with a **welcome address by Dr. Anita Rathour**, Convenor of CCPC, who highlighted the objectives of the workshop and emphasized the Cell’s commitment towards enhancing students’ employability, leadership skills, and self-awareness. She underlined the importance of such initiatives in preparing students for academic as well as professional challenges.

Mr. Prakash Dogra addressed the students and highlighted the significance of **Artificial Intelligence in modern education and career planning**. He explained how emerging technologies play a vital role in shaping future career paths and in building confidence among students. The session also focused on responsible and effective use of social media as a tool for learning, networking, and personal growth. The interactive discussions and activities conducted by the NGO team kept the students actively engaged throughout the workshop.

The **Principal of the College, Dr. Bhupinder Singh Thakur**, appreciated the efforts of the Career Counselling and Placement Cell for organizing such a meaningful and student-centric program. He encouraged students to make the best use of such learning opportunities for their overall development.

The **vote of thanks was proposed by Prof. Shradha Shandil**, who expressed gratitude to Mr. Prakash Dogra and the team of Gyan Jyoti NGO for their valuable insights and guidance. The workshop concluded with the **distribution of e-certificates** to all participants.

The program proved to be informative and impactful, contributing significantly to the personal and professional development of the students.



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Report on One Day Workshop on “*Apprenticeship and Its Role in Career*”

The Career Counselling and Placement Cell (CCPC) of Government Degree College (GDC), Theog organized a **One Day Workshop on 23RD Sept 2025 on “Apprenticeship and Its Role in Career”** with the objective of enhancing students’ understanding of **career-oriented training opportunities, skill development, and employability**.

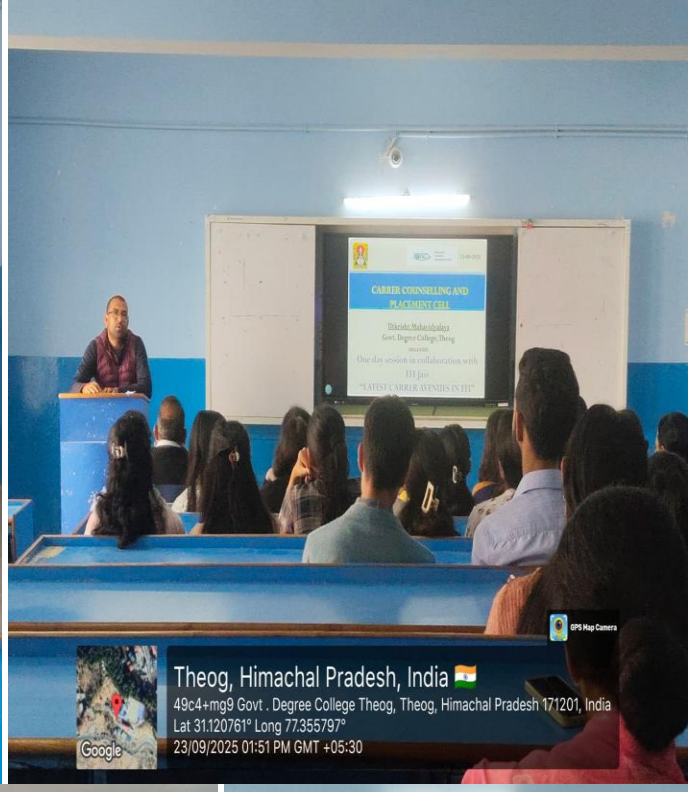
The session was conducted by **Mr. Jag Prakash Sharma**, Instructor from **ITI Jais, Theog**, who delivered an insightful and informative lecture on the concept of apprenticeship and its significance in career building. He explained how apprenticeship programs serve as an effective **bridge between classroom learning and the professional work environment**, enabling students to gain practical exposure along with theoretical knowledge.

During the session, students were made aware of the **eligibility criteria, enrollment procedures, and other requisites** of apprenticeship programs. Mr. Sharma emphasized the importance of **industrial training, technical education, and the development of employability skills** in today’s competitive job market. He also highlighted how apprenticeship training enhances confidence, workplace readiness, and long-term career prospects.

The program was **coordinated by Dr. Anita Rathour Chauhan**, Convenor of the Career Counselling and Placement Cell, GDC Theog, who ensured the smooth conduct of the workshop and encouraged students to actively participate in such skill-oriented initiatives.

The workshop concluded with a **vote of thanks proposed by Dr. Satish** on behalf of the college, expressing gratitude to the resource person for sharing his valuable knowledge and practical insights.

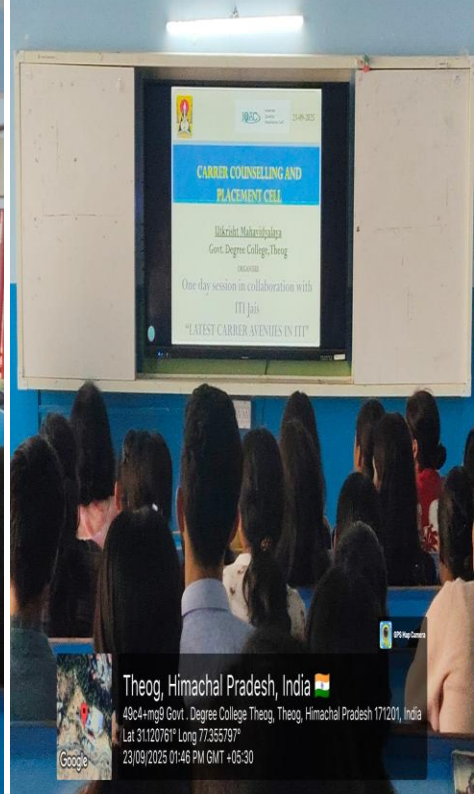
The session proved to be **highly informative, motivating, and guidance-oriented**, helping students gain a better understanding of **workplace skills, career planning, and future prospects**. The workshop successfully fulfilled its objective of orienting students towards meaningful career pathways through apprenticeship programs.



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Report on Invited Lecture on “*Understanding Talent Through Digital Technology*”

The Career Counselling and Placement Cell (CCPC) of Government Degree College (GDC), Theog organized an invited lecture on 13th Oct 2025 on the topic “**Understanding Talent Through Digital Technology**” with the aim of helping students recognize their innate abilities and align them with academic and professional goals.

The invited speaker for the session was **Dr. Brijesh Chauhan**, Retired Associate Professor of Physics, who delivered an insightful and elaborative lecture on “**Understanding Innate Talents Through Digital Technology.**” He explained how digital tools and modern technologies can assist students in identifying and enhancing their inherent qualities, setting clear career goals, and strengthening analytical and critical thinking skills.

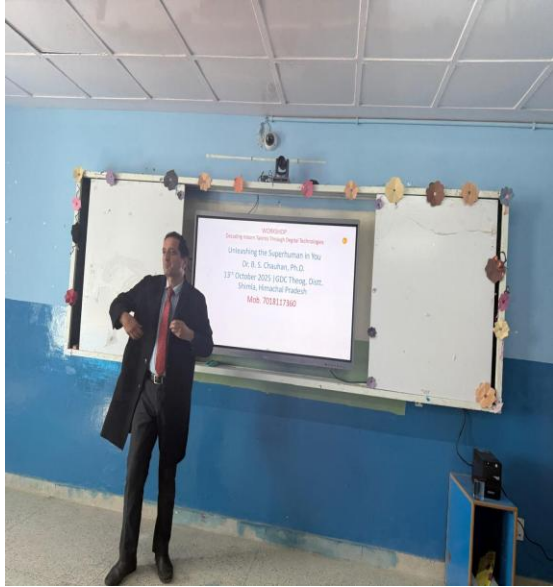
The session began with **Dr. Anita Rathour**, Convenor of CCPC, who highlighted the objectives of the lecture and formally introduced the resource person. She emphasized the role of such academic interactions in nurturing students’ potential and preparing them for future challenges.

During the lecture, **Dr. Chauhan** introduced students to innovative methods of **mathematical calculations** and demonstrated how technology can be effectively used for problem-solving and self-assessment. He also shared **motivating examples of eminent personalities** who achieved excellence through innovation, perseverance, and determination while facing challenges, inspiring students to remain focused and resilient.

The members of the Career Counselling and Placement Cell, including **Prof. Shradha Shandil**, **Prof. Ritika Panjta**, and other faculty members, actively participated in the session, making it highly interactive and engaging.

The lecture concluded with a **vote of thanks by Prof. Shradha Shandil**, who expressed sincere gratitude to **Dr. Brijesh Chauhan** for his valuable guidance and for motivating students to nurture their talents and align academic learning with professional aspirations.

The session proved to be **highly informative, inspiring, and enriching**, offering students meaningful insights into self-discovery, digital competence, and career-oriented learning.



Report on NCC Cycling Rally and Career Counselling Session on Defence Services

Date: 26th Nov 2025

Venue: Government College, Theog

Organised by: NCC Unit, Government College, Theog

Collaborating Unit: NCC Group, Kullu Region

Government College, Tiyong organised an impactful awareness and guidance programme under the aegis of the National Cadet Corps (NCC), marked by the arrival of an NCC cycling rally led by a Flying Officer/Commander along with NCC cadets from the Kullu region. The rally, which commenced from Kullu to Shimla, aimed to promote the values of discipline, resilience, physical endurance, and national service among youth. As part of their outreach initiative, the NCC team visited various educational institutions, including Government College, Tiyong.

The visiting NCC contingent demonstrated impressive cycling skills within the college campus, symbolising determination, teamwork, leadership, and commitment—core values essential for careers in the Armed Forces and paramilitary services. The live demonstration served as a strong motivational experience for students, inspiring them to adopt a disciplined lifestyle and aspire towards careers requiring physical fitness, mental strength, and dedication to the nation.

Following the cycling rally, an interactive career counselling and guidance session on defence services was conducted for the students. NCC officers sensitised students about diverse career opportunities in the Indian Army, Indian Air Force, and paramilitary forces. Detailed information was provided on prestigious national-level competitive examinations such as the National Defence Academy (NDA) and Combined Defence Services (CDS), including eligibility criteria, selection procedures, preparation strategies, training life, and long-term career prospects. Students actively participated in the session and raised queries related to examination patterns, physical standards, and service life, which were comprehensively addressed by the NCC officials.

The programme also incorporated important social awareness components, emphasising the need for a healthy, disciplined, and drug-free lifestyle. Discussions focused on youth responsibility, character building, and the role of discipline in shaping a successful professional and personal life. The Principal of the college appreciated the initiative and highlighted that such programmes instil positive energy among students, strengthen national values, and encourage commitment towards nation-building and self-development.

The event strongly supported the Career Counselling and Placement objectives of the college by exposing students to honourable and structured career pathways in defence services beyond conventional employment options. It motivated students to prepare for competitive examinations, enhanced awareness of government career opportunities, and reinforced employability skills such as leadership, teamwork, resilience, discipline, and decision-making.

Overall, the NCC cycling rally and career counselling session proved to be a highly enriching and inspiring experience, contributing significantly to student career awareness, personality development, and the college's continued efforts towards holistic education and career readiness.





राजकीय महाविद्यालय टियोग में समाज में बढ़ती नशावृत्ति की स्थितियों पर विस्तार से की चर्चा



हिम जनक्रांति

टियोग। राजकीय महाविद्यालय टियोग में शुक्रवार को नशा निवारण अभियान के तहत बालघार चिकित्सा केंद्र से आई चिकित्सा अधिकारी डॉ. टिवंकल ने नशा के कारण और निवारण के विषय में महाविद्यालय के विद्यार्थियों के साथ एक लंबा संवाद किया और किन-किन स्थितियों में हम नशे को चपेट में आते हैं और समाज में बढ़ती नशावृत्ति की स्थितियों पर विस्तार से चर्चा की। अपराहन सत्र में फ्लाईंग कमांडर कुणाल भारद्वाज, डॉ. हिमांक

शर्मा और एनसीसी कमांडर निखल शर्मा की अगुआई में कुल्लू से लेकर के जलोड़ी दर्रा होते हुए एनसीसी कैडेट की साइकलिंग रैली का महाविद्यालय परिसर में अभिवादन किया गया। उसके पश्चात विद्यार्थियों के साथ उनके भविष्य निर्माण स्वस्थ जीवन और नशे से बचाव बारे विस्तृत चर्चा की गई। महाविद्यालय के प्राचार्य डॉ. भूपेंद्र सिंह ठाकुर ने कहा कि इस तरह की गतिविधियों से विद्यार्थियों में जहां नई ऊर्जा का संचार होता है, वहीं अपने भविष्य निर्माण और स्वस्थ जीवन के प्रति सजगता बढ़ती है।

Report on Career Counselling Session

Date: 16 December 2015

Venue: College Campus

Organised by: Career Counselling and Placement Cell

A career counselling session was organised on 16th December 2015 in the college with **Mr. Nipun Dilta**, Resource Person from **Creative Academy, Shimla**. The session aimed to guide students in understanding their individual learning characteristics and career orientation, and to help them prepare effectively for future career opportunities.

During the session, students were encouraged to identify their learning styles, particularly whether they are fast or slow learners. Mr. Dilta guided students to adopt suitable learning strategies based on their individual pace and abilities, emphasising that understanding one's own learning pattern is essential for academic and professional success.

The resource person highlighted the importance of **goal clarity, self-discipline, and focused preparation**, especially for competitive examinations. He motivated students to develop an

inquisitive mindset by asking relevant questions, seeking timely academic guidance, and remaining consistent in their preparation.

The session also focused on the role of **proper mentoring and structured guidance** in career planning. Mr. Dilta explained various career opportunities and competitive examinations such as **banking, UGC-NET, and higher studies**, and discussed how systematic preparation can lead to success in these fields.

The interactive nature of the session made it highly engaging and informative. Students found the counselling session beneficial in enhancing their self-awareness, confidence, and preparedness for future challenges. Overall, the programme successfully supported the objectives of the **Career Counselling and Placement Cell** and proved to be a valuable experience for the students.



Report on Career Oportunities after Undergraduation

Date: 23 December 2025

Venue: Room No. 10

Organised by: Career Counselling and Placement Cell (CCPC)

The Career Counselling and Placement Cell (CCPC) of the college organised a **Career Counselling and Guidance Session** on **23 December 2025** in **Room No. 10**. The primary objective of the session was to create awareness among students about various career opportunities available after undergraduate studies and to highlight the importance of informed and well-planned career decision-making.

The session was conducted by **resource persons from Crack Academy**, who guided students on the concept and importance of career planning. They emphasised the need for setting clear academic and professional goals and encouraged students to align their interests and abilities with suitable career options. The speakers sensitised students to the academic and examination-related pressures commonly faced during the preparation for competitive examinations and shared effective strategies for managing exam stress and maintaining mental well-being.

Special attention was given to the **geographical and environmental challenges faced by students from hilly regions**. The resource persons motivated students to overcome such constraints through focused preparation, self-discipline, and consistent effort, reinforcing the idea that determination and proper guidance can help students succeed despite limitations.

As part of the session, a **scholarship-based assessment test** was conducted to promote academic motivation and self-evaluation among students. Scholarships at different levels were offered to meritorious students based on their performance, and **certificates were distributed** to acknowledge participation and achievement. Students were encouraged to remain inquisitive, seek timely academic guidance, and adopt a systematic approach while preparing for various competitive examinations.

Overall, the session proved highly beneficial in enhancing students' **career awareness, confidence, and readiness for competitive examinations**. It effectively strengthened the role of the Career Counselling and Placement Cell in guiding students towards appropriate career pathways and higher education opportunities.

The programme concluded with a **vote of thanks presented by Prof. Anita Rathore Chauhan**, Convener, CCPC, who expressed gratitude to the resource persons and participants for making the session successful.



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Report on One-Day Workshop on Career Development

A one-day workshop on Career Development for Competitive Exams was organised by the Career Counselling and Placement Cell, Government College Theog, Shimla on 17th Feb 2026.

The Career Counselling and Placement Cell of Government College Theog, Shimla, organised a one-day workshop on “Career Development for Competitive Exams” with the objective of guiding students towards their academic and professional goals. The event was convened by Dr. Anita Rathour, with active support from committee members Dr. Satish Kumar, Dr. Shradha Shandil, Prof. Rajender Prakash, Prof. Pratibindh Pandey, Prof. Ritika Panjta, Dr. Bavita Thakur, and Prof. Basant Junta.

The workshop was conducted by Mr. Nipun Dilta, a representative from Creative Academy Coaching Institute, a reputed organisation that trains candidates for various competitive examinations including HPAS, Allied Services, Banking, Police, and Patwari exams.

In his interactive session, Mr. Dilta highlighted the importance of self-assessment through SWOT analysis (Strengths, Weaknesses, Opportunities, and Threats) to help students understand their potential and areas for improvement. He discussed in detail the exam patterns, subject coverage, and latest trends across different competitive exams. Emphasising the role of regular practice and effective time management, he provided practical strategies for planning study schedules and maintaining consistency.

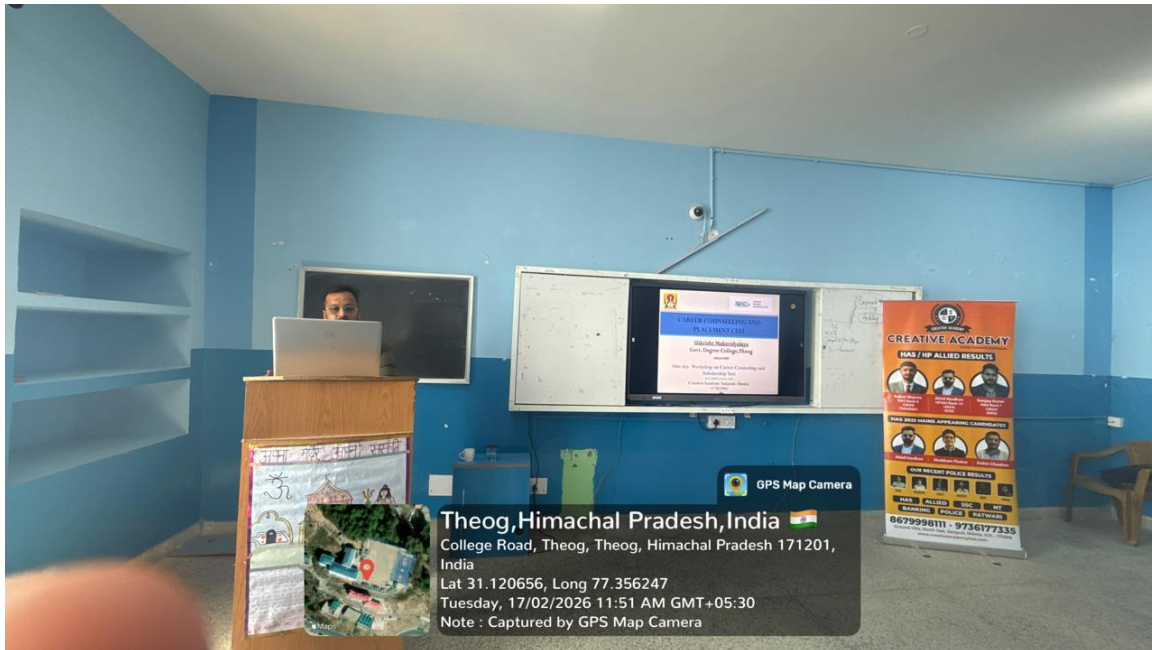
The session proved to be highly informative and motivational. Students actively participated, asking relevant questions about choosing suitable exams, resource material, and preparation methods. The workshop successfully equipped participants with valuable insights and a clearer direction for their career planning.

The program concluded with a vote of thanks extended to Mr. Nipun Dilta by the convenor, Dr. Anita Rathour, on behalf of the Career Counselling and Placement Cell. The efforts of the organising team were appreciated for arranging such a productive and inspiring session aimed at guiding students towards achieving their professional aspirations.

ठियोग कॉलेज में करिअर की उड़ान, प्रतियोगी परीक्षाओं पर खास कार्यशाला



ठियोग | राजकीय महाविद्यालय ठियोग में करियर काउंसलिंग एवं प्लेसमेंट प्रकोष्ठ के तहत एक दिवसीय कार्यशाला आयोजित की गई। समन्वयक प्रो. अनीता राठीर द्वारा आयोजित इस कार्यशाला का उद्देश्य विद्यार्थियों को विभिन्न प्रतियोगी परीक्षाओं की तैयारी के लिए मार्गदर्शन देना था। क्रिएटिव एकेडमी शिमला के निपुण ने मुख्य वक्ता के रूप में भाग लेकर एचएएस, एलएड सर्विसेज, बैंकिंग, पुलिस और पटवारी परीक्षाओं की तैयारी की रणनीति, समय प्रबंधन, पाठ्यक्रम की समझ और नियमित अभ्यास के महत्व पर जानकारी दी। उन्होंने ऑनलाइन टेस्ट सीरीज की उपयोगिता बताते हुए विद्यार्थियों का टेस्ट भी लिया और परिणाम सझा किए। कार्यशाला में विद्यार्थियों ने अपने प्रश्न पूछे, जिनका समाधान किया गया। कार्यक्रम में प्रो. सतीश, प्रो. श्रद्धा शांडिल, प्रो. राजेंद्र प्रकाश, प्रो. रितिका, प्रो. प्रतिबिंब पांडे, प्रो. बसंत जुंटा और प्रो. बबीता ठाकुर उपस्थित रहीं।





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Report on One Day Workshop on Career Development for Competitive Exams

Introduction

A One Day Workshop on Career Development for Competitive Exams was organized by the Career Counselling and Placement Cell at Government College Theog, Shimla on 24th Feb 2026.. The workshop was designed to guide students towards their career goals and provide them with effective strategies for competitive exam preparation.

Organizing Committee

The workshop was convened by **Dr. Anita Rathour**, with the support of committee members:

- Dr. Satish Kumar
- Dr. Shradha Shandil
- Prof. Rajender Prakash
- Prof. Pratibindh Pandey
- Prof. Ritika Panjta
- Dr. Bavita Thakur
- Prof. Basant Junta

Their collective efforts ensured the smooth and successful conduct of the program.

Resource Person

The session was conducted by **Mr. Vinay Joshi**, a representative from Civil Tap Institute Coaching. He provided valuable insights and practical guidance for students aspiring to appear in competitive exams such as:

- HPAS (Himachal Pradesh Administrative Services)
- Allied Services
- Banking Examinations
- Police Recruitment Tests
- Patwari Examinations

Key Highlights of the Workshop

1. **SWOT Analysis**
 - Students were introduced to the concept of Strengths, Weaknesses, Opportunities, and Threats (SWOT) analysis.
 - Emphasis was placed on self-assessment to identify personal strengths and areas for improvement.
2. **Understanding Exam Patterns**

- Detailed discussion on the structure and format of various competitive exams.
 - Explanation of subject coverage and weightage of different sections.
3. **Practice and Preparation**
- Importance of consistent practice and mock tests.
 - Strategies for effective revision and retention of concepts.
4. **Time Management**
- Techniques to manage time efficiently during preparation and in the actual examination.
 - Guidance on balancing study schedules with personal commitments.

Conclusion

The workshop proved to be highly beneficial for the students of Government College Theog. It provided them with practical tools, motivation, and clarity about their career goals. The Career Counselling and Placement Cell successfully fulfilled its objective of guiding students towards structured preparation for competitive exams.



Report on One-Day Career Development Workshop

Introduction

The Career Counselling and Placement Cell of Government College Theog, Shimla, organized a one-day workshop on 26th Feb 2026. **Career Development for Competitive Exams**. The workshop was convened by **Dr. Anita Rathour** and supported by committee members **Dr. Satish Kumar, Dr. Shradha Shandil, Prof. Rajender Prakash, Prof. Pratibindh Pandey, Prof. Ritika Panjta, Dr. Bavita Thakur, and Prof. Basant Junta**. The primary objective was to guide students towards their career goals by equipping them with strategies for success in competitive examinations.

Resource Persons

The workshop was conducted by **Dr. Mandeep Singh**, Director of Strategy at *Chitkara University*, assisted by **Mr. Kamal Pamma**, Manager of Admissions at the Shimla Branch Office, representing Chitkara University. Their combined expertise provided students with practical insights into exam preparation and career planning.

Key Highlights

- **Exam Pattern and Subject Coverage:** The resource persons explained the structure of competitive exams, including subject distribution, marking schemes, and the importance of comprehensive coverage.
- **Practice and Time Management:** The session highlighted the necessity of regular practice and effective time management as crucial elements for success.
- **Career Orientation:** Students were encouraged to set clear goals and align their preparation strategies with their long-term career aspirations.

Outcome

The workshop proved highly beneficial, offering students both motivation and practical strategies for taking admissions in technical courses and exams such as **HPAS, Allied Services, Banking, Police, and Patwari**. It instilled confidence and provided a roadmap for systematic preparation.

Conclusion

The Career Counselling and Placement Cell successfully achieved its mission of guiding students towards their professional goals. The workshop, with its focus on practical strategies and motivational insights, will undoubtedly contribute to the academic and career success of the participants.



ठियोग कॉलेज में विद्यार्थियों को पढ़ाया सड़क सुरक्षा का पाठ

ठियोग (रामपुर बुशहर)। राजकीय महाविद्यालय ठियोग के रोड सेफ्टी क्लब ने सड़क सुरक्षा विषय पर एक विशेष व्याख्यान का आयोजन किया। कार्यक्रम के मुख्य वक्ता डीएसपी ठियोग सिद्धार्थ शर्मा रहे। अपने संबोधन में उन्होंने विद्यार्थियों को सड़क सुरक्षा के नियमों की विस्तृत जानकारी दी।

उन्होंने यातायात संकेतों का पालन, वाहन चलाते समय हेल्मेट और सीट बेल्ट के अनिवार्य उपयोग, तेज गति और लापरवाही से होने वाली दुर्घटनाओं के प्रति जागरूक किया। इसके अलावा उन्होंने नशे के दुष्प्रभावों पर प्रकाश डालते हुए, नशे के प्रकार और इससे बचने के तरीके बताए।

उन्होंने कहा कि नशे की हालत में वाहन चलाना न केवल कानूनन अपराध है, बल्कि यह स्वयं और अन्य लोगों के जीवन के लिए भी गंभीर खतरा है। उन्होंने युवाओं से जिम्मेदार नागरिक बनने और सड़क सुरक्षा नियमों का पालन करने का आह्वान किया। महाविद्यालय के प्राचार्य डॉ. भूपिंदर सिंह ठाकुर ने कार्यक्रम की सराहना करते हुए रोड सेफ्टी क्लब के समन्वयक डॉ. सत्यनारायण स्नेही और मुख्य वक्ता का सफल आयोजन के लिए आभार

नशे की हालत में वाहन चलाना अपराध के साथ जीवन के लिए भी खतरा : सिद्धार्थ

जताया। इस अवसर पर निबंध लेखन और चार्ट मेकिंग प्रतियोगिता भी करवाई गई। विद्यार्थियों ने चार्ट बनाकर जागरूक किया। निबंध प्रतियोगिता में लक्ष्मी और श्रद्धा को पुरस्कार दिया गया। पोस्टर मेकिंग में प्रथम स्थान पर सारा, रिमझिम द्वितीय स्थान और तृतीय स्थान अंजू को मिला। कार्यक्रम का संचालन चेतना नेगी ने किया।

साथ ही क्लब के सदस्य और महाविद्यालय के आचार्य मौजूद रहे। इसके अलावा महाविद्यालय के कैरिअर कार्डसलिंग और प्लेसमेंट सेल (सीसीपीसी) की ओर से भी एक व्याख्यान का आयोजन किया गया, जिसमें चितकारा यूनिवर्सिटी से आए विशेष वक्ता प्रो. मंदीप सिंह और कमल पम्मा ने विद्यार्थियों को बीए के बाद कैरिअर विकल्पों एवं कौशल विकास से संबंधित महत्वपूर्ण जानकारी प्रदान की। यह व्याख्यान सत्र भी काफी रोचक रहा। व्याख्यान लेने आए विशेषज्ञ ने विद्यार्थियों से अनेक प्रकार से सवाल किए और उनको प्रोत्साहित भी किया। संवाद