

A REPORT ON GENDER SENSITIZATION FOR COLLEGE STUDENTS

The Women Cell of the college aims at empowering and orienting women to recognize their true potential. Its goal is the overall development of students in all spheres of life. To increase awareness of women related social issues, health, employment and gender related matters The students of the college participated in the Gender sensitization programme held in the college campus on 8th August 2023. The resource person for the session was Mrs Anuja Rathore Sharma, Retired Associate Professor, St. Bedes College Shimla. Gender sensitization is a crucial aspect of promoting equality, understanding, and respect for all genders. College students, as the future leaders and influencers of society, play a pivotal role in driving positive change. The resource person gave a very informative and enlightening speech on gender sensitization and highlighted the strategies and initiatives that can be adopted to create an inclusive environment.

Her presentation was supported by videos based on the topic of gender sensitization which made the session very interesting. She emphasized about the roles, rights, and responsibilities of different genders, as well as addressing and challenging gender stereotypes, biases, and discrimination. She stated that promoting gender equality in colleges helps college students to break down traditional gender roles and expectations, fostering an environment where individuals are treated equally regardless of their gender identity and empowers students to challenge societal norms, stereotypes, and discrimination, enabling them to become agents of change. She appealed the audience that it is crucial to encourage dialogue, promote empathy, and create safe spaces to ensure that gender sensitization becomes an integral part of college education. She concluded her speech by stating that gender sensitization is essential for college students to foster an inclusive society that upholds equality and fairness.

In the end the vote of thanks was proposed by Dr. Sandhya Sharma, Associate Professor Department of English and Convener of **Women Cell, GDC Theog**. She thanked the resource person for an eye opening presentation on gender sensitization and the Worthy Principal Ma'am Dr. Lalita Chandan for being the prime motivator in organizing such activities. The programme was conducted by Dr. Nidhi Dhatwalia, Assistant Professor, Department of Zoology, GDC Theog



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