

Report on HIV/AIDS Training Attended by GDC Theog Students at COE, Sanjauli

Date of Training: 28th November 2024

Venue: Centre of Excellence (COE), Sanjauli

Participants: Vanshita B. Sc II Government Degree College (GDC), Theog
Sehajal B. Sc. I Government Degree College (GDC), Theog
Ankush B. Sc I Government Degree College (GDC), Theog

A specialized training program on HIV/AIDS awareness and prevention was conducted at the Centre of Excellence (COE), Sanjauli, on 28th November 2024. The training aimed to educate students on the causes, transmission, prevention, and management of HIV/AIDS while also emphasizing the importance of eradicating stigma and discrimination associated with the disease. Dr. Nidhi Dhatwalia, Convenor of Red Ribbon Club attended the training along with the students.

Objectives of the Training:

To enhance awareness among students regarding HIV/AIDS.

To educate participants on safe practices and preventive measures.

To promote a compassionate approach towards individuals living with HIV/AIDS.

To equip students with knowledge that can be shared within their communities.

Training Sessions:

The training included the following key sessions:

1. Introduction to HIV/AIDS: Understanding the virus, its impact on the immune system, and global statistics.
2. Modes of Transmission: Common routes through which HIV spreads, including unsafe sexual practices, shared needles, and mother-to-child transmission.
3. Preventive Measures: Safe sex practices, importance of regular testing, availability of antiretroviral therapy (ART), and harm reduction strategies.
4. Social Stigma and Discrimination: Addressing myths, misconceptions, and societal attitudes towards people living with HIV/AIDS.
5. Role of Youth in Awareness Campaigns: Encouraging students to spread awareness and contribute to HIV/AIDS prevention efforts.

Student Participation and Feedback:

The students from GDC Theog actively participated in discussions and interactive sessions. They engaged with experts and posed insightful questions regarding HIV/AIDS prevention and

management. They also took part in role-playing exercises designed to illustrate the importance of empathy and support for individuals affected by HIV/AIDS.

Conclusion and Recommendations:

The training at COE, Sanjauli, proved to be highly informative and beneficial for the attending students. It equipped them with valuable knowledge and skills to advocate for HIV/AIDS awareness in their college and local communities. It is recommended that more such training sessions be conducted regularly, with wider student participation, to create a well-informed and supportive society.



Dr. Nidhi Dhatwalia
Convenor Red Ribbon Club
Government Degree College,
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