

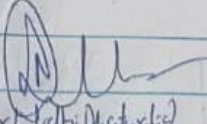
A Report on World Breast feeding Week Celebration

05.08.2023

In celebration of the World Breast Feeding Week, from 1st August to 7th August Women cell of the college hosted an event on 5th August 2023 for girls from all the streams. Dr Isha Chauhan, a gynaecologist from Civil Hospital Theog, and Ms Rita Thakur, a counsellor for adolescent health at Maryi Disha Kendra (NDRK), a civil counsellor in Theog, served as resource persons for the occasion. In her remarks to the girl students, Dr Isha Chauhan emphasized the value of breastfeeding as she recognized that girls will be future mothers. She elaborated the theme of World Breast Feeding Week set by the World Alliance for Breast Feeding Action (WABA) for this year "Let's make breastfeeding and work, work!" She emphasized that policymakers and colleagues must take the necessary measures so as to support working mothers who are breast feeding their infants. She not only talked about breast feeding but also addressed students on personal hygiene. The session covered the crucial facets of personal hygiene, including routines for maintaining hand cleanliness, oral hygiene and body hygiene especially during menstruation. She also enlightened the students about PCOD, UTIs, and many other prevalent gynaecological issues faced by women nowadays.

Towards the end, vote of thanks was prepared by Dr Sandhya Sharma (Convener, Women Cell). She thanked the resource person and worthy Principal Madam Dr Lalita Choudan for being the constant source of inspiration.

Sandhya
Dr Sandhya Sharma
(Convener, Women Cell)


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