



NCC Unit

Government Degree College Theog, Distt. Shimla



Report on "Cycling Expedition from Kullu to Shimla" – 28-11-2025

Venue: Government Degree College (GDC), Theog **Organized By:** NCC Air Wing Govt. College Kullu in collaboration with NCC Group Shimla and Department of Higher Education (DHE).

Introduction

On November 28, 2025, Government Degree College (GDC) Theog hosted the "Cycling Expedition from Kullu to Shimla" organized by the **1 HP Air Sqn NCC Kullu**. The expedition team, covering the route through Banjar, Jalori Top, Anni, and Narkanda, stopped at Theog to interact with students as part of their awareness campaign.

Expedition Team Members

The visiting team consisted of officers from the Indian Air Force, NCC officials, and medical staff:

- **Wing Commander Kunal Sharma:** Commanding Officer, 1 HP AIR SQN NCC KULLU (Indian Air Force).
- **Flying Officer Prof. Nishchal Sharma:** ANO, NCC Air Wing, Govt. College Kullu.
- **Dr. Himang Sharma:** Medical Officer, Rippon Hospital Shimla.

Support Staff:

- Sergeant Mukesh
- Sergeant Rajnish Guleria
- Sergeant Mandeep
- GCI Pooja
- AMI Reshma
- Mr. Gulshan Nanda (Home Guard)
- Mr. Shyam (Home Guard)

Objectives of the Activity

The primary goal of the expedition was to motivate youth and promote social awareness. The key messages emphasized were:

1. **Anti-Drug Campaign:** Encouraging youth to stay away from the menace of drug abuse.
2. **Health & Fitness:** Highlighting the importance of physical fitness and a healthy lifestyle.
3. **Career Guidance:** Informing students about the benefits of NCC and the selection process for the Armed Forces.
4. **Nation Building:** Inspiring students to be responsible citizens.

Proceedings

The team was warmly welcomed by the college administration. The gathering was addressed by **Wing Commander Kunal Sharma**, who shared insights from the team's challenging journey over high-altitude passes like Jalori Top.

In his address, the Wing Commander urged the students to channel their energy into constructive activities and fitness. He delivered a strong message about the importance of being healthy, fit, and staying away from drugs. He also spoke about the benefits of joining the NCC and how it paves the way for selection into the Armed Forces, motivating the students to become good citizens who will shape the future of the nation.

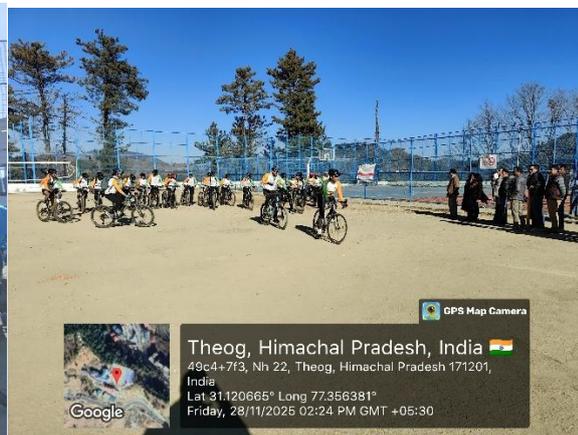


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Conclusion

The event successfully delivered a message of discipline, patriotism, and health. The visit by the 1 HP Air Sqn NCC Kullu team left a positive impact on the NCC students of GDC Theog.



C.T.O
GDC Theog



Principal
GDC Theog