



NCC Unit

Government Degree College Theog, Distt. Shimla



Report on Guest Lecture: "Drug Abuse Awareness" – 28-11-2025

Venue: Basketball Court, Government Degree College (GDC) Theog **Date:** November 28, 2025 **Time:** 10:00 AM **Resource Person:** Block Medical Officer (BMO), Matiyana

Introduction

On November 28, 2025, a specialized guest lecture on the critical topic of "Drug Abuse" was organized at Government Degree College, Theog. The session was held in the college **Basketball Court at 10:00 AM**, aiming to sensitize the student body about the growing menace of substance addiction in the region.

Resource Person

The lecture was delivered by the **Block Medical Officer (BMO), Matiyana**. As a medical expert working at the grassroots level, the BMO brought valuable insights regarding the health crisis caused by drugs in Himachal Pradesh.

Key Highlights of the Lecture

The session was attended by NCC cadets, staff, and general students. The BMO covered several critical aspects:



- **Medical Consequences:** The speaker detailed the irreversible physical damage caused by synthetic drugs and opioids, including damage to the nervous system and vital organs.
- **Psychological Impact:** The lecture highlighted how addiction leads to mental health deterioration, anxiety, and depression.
- **Social Responsibility:** Students were urged to act as "Anti-Drug Ambassadors" in their villages and communities to prevent peer groups from falling into the trap of addiction.
- **Rehabilitation:** Information was provided on how to seek help for addicts and the role of medical intervention in recovery.



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