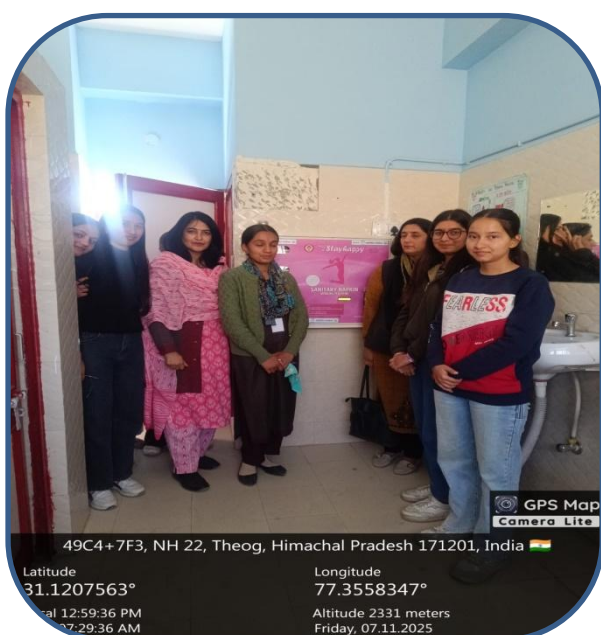


Report on Sensitization Programme on Menstrual Hygiene and Use of Sanitary Napkin Vending Machines

The Women Cell of Government Degree College, Theog organized an awareness programme for girl students on 7th November 2025 to educate them on the proper use of sanitary napkin vending machines and incinerators. Dr. Nidhi Dhatwalia, Convener of the Women Cell, along with Dr. Raksha Kalta, Member of the Cell, sensitized the students about the importance of menstrual hygiene, personal health, and cleanliness.

The students were informed about the significance, functioning, and benefits of sanitary napkin vending machines and incinerators, emphasizing how proper hygiene practices help prevent infections and diseases. A practical demonstration on the correct use of the vending machines and incinerators was also conducted for better understanding.

In addition, informative posters highlighting the importance of health and hygiene were installed in the washrooms. The installation of vending machines and incinerators has proved to be a great boon for the students. The girl students expressed happiness and relief, as they can now conveniently access sanitary napkins from the vending machines within the campus.





Dr.Nidhi Dhatwalia
Convenor Women Cell
GDC, Theog.

Principal
GDC, Theog